APhA-ASP Regional Officer Elections Candidate for Regional Delegate - Region 7





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Previous Leadership and Experience

I have been the class of 2027 president since my P1 year. I am also currently the Professional Pharmacy Student Alliance (PPSA) president elect. I will be the PPSA president for the 2025-2026 academic year.

Throughout my journey as a pharmacy student, I have had the privilege of serving in leadership roles that have honed my skills in communication, collaboration, and advocacy, which will enable me to serve effectively as an APhA-ASP Regional Officer.

As the President-elect of the Professional Pharmacy Student Alliance (PPSA) and the Class of 2027 President at my pharmacy school, I have gained experience in uniting students with diverse interests and guiding them towards common goals. Leading these two groups has allowed me to practice balancing the needs of both the professional and academic sides of student life. I have orchestrated events that promote student engagement, coordinated activities that enhance pharmacy education, and ensured that student voices are heard by faculty and administration.

Additionally, my leadership roles have sharpened my ability to advocate for student and patient interests, an essential skill for an APhA-ASP Regional Officer. Through my work with PPSA, I have learned the value of fostering professional development and promoting patient-centered care, both of which align with APhA-ASP's mission. I believe these experiences have equipped me with the knowledge and perspective to advocate effectively on a regional level and to help shape the future of pharmacy practice.

Talents and Skills

- leadership and communication skills
- organization and event planning
- team collaboration
- passion for advocacy
- patient safesty

Plans as a Regional Delegate

My primary goal as an APhA-ASP Regional Officer is to enhance student engagement and professional development across the region by leveraging unique opportunities offered at institutions like Idaho State University (ISU). ISU's distinct program, with its connection to Alaska, offers pharmacy students diverse clinical experiences in rural and underserved communities, preparing us to address critical healthcare disparities. I aim to represent and promote these opportunities to inspire students throughout the region to explore non-traditional pathways in pharmacy.

I will work to strengthen regional collaboration by facilitating interschool networking events, creating platforms for students to share experiences, and encouraging participation in patient care projects. My goal is to ensure that students from all schools feel supported and empowered to engage with APhA-ASP initiatives.

I believe in APhA-ASP's mission of advocacy, education, and patient care, and I am committed to advancing the profession through these core pillars. As a Regional Officer, I will focus on creating inclusive opportunities for leadership and professional growth, fostering a sense of community, and advocating for policies that improve patient outcomes and support the evolving role of pharmacists in healthcare.

As an APhA-ASP Regional Delegate, I will prioritize expanding the involvement of all student pharmacists in the policy process and advocacy initiatives by fostering a culture of inclusivity, education, and

collaboration. My approach will focus on breaking down the perception that policy and advocacy are reserved solely for chapter delegates and policy vice presidents, instead showing all students how crucial their voices are in shaping the future of our profession.

1. Education and Awareness:

I will initiate workshops, webinars, and informational sessions aimed at demystifying the policy process and advocacy efforts. By explaining how policies impact both the pharmacy profession and patient care, I will encourage students to see the importance of their participation. Furthermore, I will work to create easily accessible resources, such as guides or video tutorials, outlining how students can get involved in local, state, and national advocacy initiatives.

2. Empowerment through Engagement:

To extend involvement beyond the chapter leadership, I will establish a network of "policy champions" within each school—students passionate about advocacy but who may not hold formal leadership titles. This network can serve as a grassroots movement, inspiring peers to engage in policy discussions, attend regional or national meetings, and even develop and propose their own policy ideas. By mentoring and supporting these champions, I aim to create a ripple effect of advocacy engagement across our region.

3. Collaboration and Real-World Exposure:

I will organize opportunities for students to witness advocacy in action. This can include visits to state legislatures, participation in virtual advocacy days, or shadowing pharmacists who are involved in policy work. Collaborating with local and state pharmacy associations to provide these real-world experiences will help students understand the tangible impact of their advocacy efforts, further motivating them to become involved.

4. Leveraging Social Media and Communication Platforms:

To keep all students informed and engaged, I will use social media and online platforms to regularly update the region on policy developments, upcoming advocacy events, and ways to participate. A strong online presence will ensure that students who may not be able to attend in-person events can still stay connected and informed about advocacy efforts, making it easier for them to contribute.

5. Continuous Support and Follow-up:

Finally, I will offer ongoing mentorship and support for students who want to engage in the policy process but may feel unsure of how to start. I will follow up with students after policy workshops or advocacy events to encourage sustained involvement, and create peer-support networks to ensure they feel connected to the process.

Through these efforts, I aim to create a culture of widespread involvement in the APhA-ASP policy process, where every student feels empowered to advocate for the future of pharmacy, beyond traditional leadership roles.